



## IDENTIFY

### 3 ways you can experience how the lack of clean drinking water can affect your life.

1. Turn off your water and water-related appliances for a day. Place post-its on all water-related appliances that say "Unavailable to 1 billion people." Journal your thoughts.
2. Fill a large pail with water, and ask each family member to carry the pail back and forth three times across your front yard. That's just a fraction of the journey women and children must make every morning to get water, which is often contaminated.
3. How long could you go without cappuccinos and sodas? Take the challenge to drink only water for two weeks to raise awareness of the global water crisis. Gather the money you saved and make a difference in the lives of the thirsty.

### HOW ONE FAMILY "SPENT LESS/GAVE MORE:"

***Last Christmas, we talked to our kids about the need for clean drinking water in Africa, and they were eager to help. As a family, we decided to change the way we celebrated Christmas by purchasing a few less gifts, and saving that money for water wells. On Christmas morning, in addition to the presents my kids received, they also opened a box containing a jar of water. It was a great opportunity to remind them that they were doing something important for a child just like them in Africa.*** – Jeff Ward, director of the external focus ministry at Watermark